**MARCH – MAY 2021** 

# **Centerville-Washington PARK DISTRICT NEWS & EVENTS**

Spring program registration begins Monday, February 15.



Y 🏷 your community's BIG backyard!

Painting in the Landscape, see page 18



#### Headquarters

Activity Center Park 221 N. Main St. Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 Second Shift/Weekends: (937) 470-9246 mail@cwpd.org www.cwpd.org

Please check our website prior to your visit. The office may be closed to visitors due to COVID-19.

**Office Hours** 

Monday – Friday 8:00 a.m. to 4:30 p.m. Office Closed on May 31

#### **Park Addresses**

For more information and each park's address, visit **www.cwpd.org**.



#### **Dog Park Closures**

www.cwpd.org/parks/oakgrove/dog-park/dog-parkclosure-status/



#### Athletic Field

Conditions www.cwpd.org/field\_status/

#### Area Youth Athletic Organizations

Centerville Baseball Softball League www.cbltoday.org

Centerville Recreational Soccer www.centervillesoccer.com

Centerville United Soccer Association www.cusasoccer.org

Centerville Wee Elks Football Association www.weeelks.org

Centerville Youth Lacrosse www.cvlax.org

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#### **Commissioners' Corner**



As outgoing park commissioner, I have had the privilege and pleasure of spending nine years working with bright, caring, and dedicated staff, volunteers, and community leaders who are responsive to community needs. Yet, it is the support of the community that allows us to provide positive park experiences for everyone. Together we have developed a Park District that is fiscally sound and user driven.

One has only to look back at our annual reports to see the vast number of achievements and survey-directed improvements

staff have accomplished over the past nine years. A few of my favorites include:

- Added nine miles of paved multi-use path
- Preserved more than 80 acres of new parkland through purchase, donation or easement
- Restored the Donnybrook Park fen, enhanced the plantings and added a boardwalk allowing visitors to connect to this rare ecological habitat
- Grew from 48 to 51 parks (Robert F. Mays, Little Woods & Hithergreen)
- Planted nearly 1,000 trees through Operation Forest Re-leaf and an annual tree planting program
- Opened an archery range at Oak Grove Park
- Incorporated nature play, such as at Grant Park's Mark Kruesch Nature Playce
- Developed and started implementing Bill Yeck and Grant Park master plans
- Piloted a neighborhood master-planning project
- Redesigned Schoolhouse, Iron Horse, Forest Field, and soon, Yankee Park playgrounds
- Neighborhood park programs, events and moveable facilities such as the popular Pop-Up Pup Park
- Engaged the community through new and returning special events, programs and pop-up challenges
- Restored approximately 100 acres of wildlife habitat
- Continuing to make your parks more accessible for all abilities through ADA compliant improvements
- Connecting people to their parks by building four literal bridges
- Partnering with the Washington-Centerville Public Library on Nature Literature Trails and Little Free Libraries

All of this has been accomplished while adding no new tax burden to our community. Additionally, staff has brought over \$3 million of outside funding to our community through grants and saved our constituents money by instituting managerial and facility efficiencies.

Ultimately listening and responding to you has culminated in Centerville-Washington Park District twice being recognized for excellence in park and recreation management as a National Gold Medal Award finalist.

It has been an honor to serve you and I look forward to seeing you in the parks.

Lucy Sánchez Park Board President

#### Save a Tree

To subscribe to the CWPD e-newsletter visit **www.cwpd.org.** To stop home delivery of the printed newsletter, email your name and address to **mail@cwpd.org.** 

#### **Summer Employment Opportunities**



We are now accepting applications for part-time, seasonal employment.

Seasonal **program staff** can work at nature day camps, at the Summer Recreation Program or as summer naturalists. All program staff must be enthusiastic about working with children, enjoy the outdoors and be willing to make an 11-week commitment beginning the last week of May. Program staff must be 16 years or older. Positions for applicants under age 18 are limited.

Seasonal **operations staff** assist with the day-to-day maintenance of 51 parks. Work includes mowing, trimming, painting, athletic field preparation, nature trail improvement, park clean-up, vehicle/equipment maintenance and building maintenance. Hours may include weekends and evenings. Second shift openings are available. Operations staff must be 18 or older and insurable to drive Park District vehicles.

All seasonal employees must pass a background screening. Visit **www.cwpd.org/ careers/** for the most up-to-date information on employment opportunities.

**Volunteer opportunities** are available for ages 14 and up at nature day camps and the Summer Recreation Program. Volunteering allows for a flexible schedule and is a great way to earn service hours, gain experience and learn job skills. For more information and for a volunteer application, visit **www.cwpd.org/support/volunteer/**.

#### **Park District Director Announces Retirement**



Time flies when having fun. It is hard to believe it has been more than six years since I arrived at the Centerville-Washington Park District. But, all good things must end and it is time for me to retire.

When I started in 2014, our community had a big, beautiful park district. So, what could I do to have a positive impact on such a good Park District?

The answer — set the table for the future.

Thanks to a supportive Park Board, dynamic staff and residents who love their parks, we have been able to prepare for the coming years and decades. Have a look at a sampling of what we have achieved in the past few years:

- Expanded and more responsive programming
- Harnessed new technologies to better communicate, and, to modernize operations
- Strategic planning for the most effective use of resources
- An indoor place for meetings, education and recreation
- A system to better engage neighbors in park and recreation planning
- An appropriate-sized and fully functional maintenance facility
- And, over \$2 million in grants to leverage local tax money!

What may be next for CWPD? I see more habitat preservation, more partnerships and drastic improvement to Grant and Bill Yeck Parks via their master plans.

Thanks for the memories everyone. It has been great fun working with warm and welcoming folks in the community. Now, as a retiree, I plan to spend more time playing in the parks!

Best regards, Arnie Biondo

#### 2020 National Gold Medal Finalists



The American Academy for Park and Recreation Administration, in partnership with the National Recreation and

Park Association, has announced the Centerville-Washington Park District as a finalist for the 2020 National Gold Medal Awards for Excellence in Park and Recreation Management. This is the second time in three years CWPD has been named a finalist for the award.

The Gold Medal Awards program honors communities in the U.S. that demonstrate excellence in parks and recreation through long-range planning, resource management, volunteerism, environmental stewardship, program development, professional development and agency recognition. Applications are separated into six classes, with five classes based on population and one class for armed forces.

Agencies are judged on their ability to address the needs of those they serve through the collective energies of community members and staff.

It is an honor to be recognized as one of the best park and recreation systems in the nation. During the pandemic, many have turned to parks for rest, exercise, comfort and renewal, serving as a reminder to us all how important parks are to quality of life. We are lucky to be in a community that has always recognized the high value of parks.

> The Park Board will seat a new commissioner in May! Interested residents, visit www.cwpd.org or contact CWPD to get information about requirements, the position and the application process.

#### **SPECIAL EVENTS**

#### **Spring Stargazing**

All ages **Saturday, March 6** 6:30 – 8:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Explore the wilderness above as we look at two planets and the Moon. We will also see less commonly viewed objects that historical astronomers simply referred to as nebula.

Local amateur astronomers will have equipment available to view the sky on the paths near the Smith House. See the moon and other celestial objects in one of the darkest locations in Centerville! Naturalists will be on hand to lead short night hikes. We'll stay warm with a campfire on this early spring night. (AP)

This event will be canceled during cloudy or inclement weather.

#### Earth Month Scavenger Hunt All ages



Friday, April 2 – Friday, May 7

With the power of the 3 Rs — Reduce, Reuse and Recycle — you can solve riddles to help save the planet! Learn ways to save the Earth a little each day throughout the year. Each Friday a new clue will be released to a park location and activity to help you achieve Planeteer superhero status!

After successfully completing each week's location and activity, prizes will be awarded to all participants. One lucky participant will win a grand prize. (AP)





#### Pull Your Weight! 5<sup>th</sup> Annual Garlic Mustard Challenge All ages

#### Monday, April 12 – Monday, June 7

Pull Your Weight to protect your parks!

Garlic mustard is an aggressive, nonnative plant taking over natural areas. Help restore and protect your native ecosystems with this fun volunteer challenge! Drop off 13-gallon garbage bags filled with garlic mustard to the CWPD Operations Facility, 354 Congress Park Blvd., April 12 – June 7.

Each team submitting at least five full bags will receive a Pull Your Weight t-shirt for each team member. The team or individual to bring the most full bags will win a grand prize!

Each registered team will be given a box of biodegradable garbage bags to start.

Contact CWPD Community Engagement Coordinator Ginger Clark at **gclark@cwpd.org** to register your team and receive all of the necessary information to get started.

The Pull Your Weight challenge is a great opportunity for individuals, families, scouting groups, corporate service groups, church groups and students looking for service hours! (GC)

# Tedds Deer Dispis

#### Teddy Bear Picnic in the Park

All ages **Friday, April 23** 4:00 – 6:00 p.m. *Bill Yeck Park, Smith House* 2230 E. Centerville Station Rd.

It's National Picnic Day, so we're celebrating with a Teddy Bear Picnic!

Bring your own dinner or purchase meals from a food truck (to be announced) then spread out among the shaded Smith House grounds to enjoy fresh spring air with your family and stuffed furry friends!

The Teddy Bear Picnic will include giveaways and themed activities!

Registration is not required. No pets, please. Additional parking is available at Forest Field Park. (AD)

#### PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

#### **Early Adventures Hikes**

Ages 0 – 4 years with adult companion 5:30 – 7:00 p.m. (staggered start times) **Fee/session:** \$4 nonresidents

#### March Adventures

**Tuesday, March 2** *Willowbrook Park 10225 Park Edge Dr. (natural path)* 

#### April Adventures

**Tuesday, April 6** *Grant Park, Watts Middle School Entrance 7056 McEwen Rd. (natural path)* 

#### May Adventures

**Tuesday, May 4** *Rosewood Park* 475 *Roselake Dr. (natural path)* 

These leisurely, self-guided hikes provide great family time in nature. Participants will be greeted by a staff member and given a specific route to follow on their independent hike.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. The program will take approximately one hour to complete. (KL)



Registration closes 48 hours prior to all programs unless otherwise indicated.



#### **Reading in the Wild**

Ages 18 months – 4 years with adult companion 10:30 – 11:30 a.m. **Fee/session:** \$2 nonresidents

#### March Storytime

**Friday, March 12** Iron Horse Park 6161 Millshire Dr.

#### **April Storytime**

**Friday, April 23** Black Oak Park 1552 Ambridge Dr.

#### May Storytime

**Friday, May 21** Brittany Hills Park 5825 Batsford Dr.

Let's get together to read a story! We will act out the plot with active games, sing songs with sensory themes and take a short hike in the park — sparking a love of nature in our youngest community members! This program is limited to one adult companion per registrant.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. (AP)

To limit numbers and prevent the spread of COVID-19, please register all family members that fall within the age group.



#### Canvas Painting & Storytime with Decoy New! Art Center

Ages 2 – 5 with adult companion Wednesday, May 12 5:00 – 6:15 p.m. *Activity Center Park, Community Room* 221 N. Main St. Fee: \$25 residents, \$33 nonresidents Registration deadline: Friday, May 7

Children will choose a canvas design that fits the story theme! This month's theme is "Under the Sea" and the canvas choices are a mermaid or shark. (AD)

#### Creative Kids Corner: Take Home Kits

Recommended for ages 3 – 5 **Thursdays, March 11, April 8 & May 13 Fee:** \$9 residents, \$12 nonresidents **Registration deadline:** Thursday, March 4

This take-home kit features crafts and activities revolving around a fun seasonal theme! There will be three different kits — one for each month! (AD)



#### **RecKits**

Recommended for ages 3 – 6 **Fee:** \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AS)

#### National Plant a Flower Day! Jr. Monday, March 8

Registration deadline: Monday, March 1

March 12 is National Plant a Flower Day! Let's celebrate the start of spring with some flower-themed crafts, activities, and of course, by planting a flower! Each kit will include one flower for you to plant.

#### Earth Day Celebration! Jr. Monday, April 19

Registration deadline: Monday, April 12

Earth Day is quickly approaching and this kit is full of easy crafts and activities you can do to celebrate the Earth! Arbor Day is also coming up! What better way to celebrate the Earth than by planting a tree? Each kit will include one small sapling you can plant to give back to our planet!

#### A Day with Mom! Jr.

Monday, April 26 Registration deadline: Sunday, April 18

Mother's Day is only two weeks away! Let's celebrate a special person in your life on this special day! There are activities for quality time together. The crafts double as gifts and cards great for letting moms, grandmas, aunts or anyone else you want to know just how much they mean to you!

#### Gifts for Your Teachers! Jr.

#### Monday, May 10 Registration deadline: Sunday, May 2

With the school year about to come to a close, what better time to say "thank you" to your teachers than now? This kit will have fun and simple gift and card ideas to make for teachers before the last day of school.

#### **Preschool Nature Series**

Ages 3 – 6 with adult companion 9:30 – 11:00 a.m. (staggered start times) OR 6:00 – 7:30 p.m (staggered start times) Fee: \$4 nonresidents

#### Skunks & Skunk Cabbage

**Thursday, March 18** *Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln.* 

Come out and search for our earliest wildflower! We will learn about skunk cabbage and the mammal it was named after. Participants will have an introduction with the instructor before heading out on the marked path for a self-guided adventure. Hike takes place on a natural trail. (KL)

#### **Roly-Poly Pals**

Thursday, April 15

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

We will be visiting and investigating how these adorable crustaceans live their daily lives. Participants will have an introduction with the instructor before heading out on the marked path for a self-guided adventure. Hike is on a natural trail. (KL)

#### **May Flowers**

**Thursday, May 20** Forest Walk Park 1193 Deer Run Rd.

Do April showers bring May flowers? Embark on a search for some beautiful blooms in this little park. Participants will have an introduction with the instructor before heading out on the marked path for a self-guided adventure. Hike is on a natural trail. (KL)



#### **Creature ComMOTION**

Ages 4 – 6 1:00 – 1:45 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/session:** \$9 nonresidents

#### **Session A**

Wednesdays, March 3 – March 31 Registration deadline: Wednesday, February 24

#### **Session B**

Wednesdays, April 7 – April 28 Registration deadline: Wednesday, March 31

#### Session C

Wednesdays, May 5 – May 26 Registration deadline: Wednesday, April 28

Little ones will learn animal sounds and movements that assist in motor development and rhythmic skills. They will have an opportunity to interact with other children their age. They will enjoy activities with an animal theme, ageappropriate equipment and fun music. Participants will learn fascinating facts about animals from A to Z, found in our parks and around the world! Group and individual activities will be included for them to expand their social skills and be creative. (AP)



Online resident registration begins Monday, February 15, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.



#### **Music Moment with** New! Jim McCutcheon

Ages 4-6Saturdays, March 6 – March 27 4:00 – 4:30 p.m. Fee: \$10 residents, \$14 nonresidents Registration deadline: Monday, March 1

We are teaming up with McCutcheon Music to bring your children an energetic musical experience! Each week, children will play and engage with local musician Jim McCutcheon via live streaming video. To make it hands-on, participants will be able to pick out their own instrument beginning March 2. Each registered participant will receive a \$10 credit toward an instrument of their choice at McCutcheon Music on Marco Lane. Then they can use the instruments each Saturday! (AP)

#### **CHILDREN'S** PROGRAMS (AGES 5 - 17)

#### The Buzz on Bees Kit

Recommended for ages 5 - 8Friday, April 30 Fee: \$9 residents, \$12 nonresidents Registration deadline: Tuesday, April 20

This fun-filled kit program focuses on one amazing pollinator! Participants will learn all about bees and why they are important to the planet. Activities will include building a bee home for your garden and creating bee-inspired artwork. Let's learn what the buzz on bees is all about! (AS)

#### All Around the Garden: To Go!

Recommended for ages 5 - 9Thursdays, March 11, April 8 & May 13

Fee: \$15 residents, \$19 nonresidents Registration deadline: Wednesday, March 3

With this take-home kit, children will learn all about the plants, animals and habitats in their gardens, backyards and parks! There will be one kit per month focusing on a different topic. Each month's kit will feature a natureinspired craft project as well as an outdoor activity! (AS)

#### **Equestrian Field Trip with Therapeutic Riding Institute**

Ages 5 – 17 Friday, April 16 4:00 - 6:00 p.m. Therapeutic Riding Institute 3960 Middle Run Rd., Spring Valley **Fee:** \$20

Registration deadline: Monday, April 12



TRI is a Premiere Accredited Equine Assisted Activities organization who serves those with physical, cognitive and emotional challenges. We are partnering to offer Field Trip opportunities. Participants will spend time on the farm interacting with their special horses. Activities may include grooming and leading horses, playing games and more. (AP)

Participants are responsible for their own transportation to TRI. All participants must pre-register and have all forms for the Park District and TRI completed before arriving on site.

#### Art & Imagination: DIY

Recommended for ages 6 - 8Tuesdays, March 9, April 13 & May 11 Fee: \$9 residents, \$12 nonresidents Registration deadline: Tuesday, March 2

Does your child love art time? This takehome kit is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly theme. There will be three different kits — one for each month! (AS)

#### **CWPD Summer Camps!**

In an effort to have the most up-to-date COVID-19 information possible, we plan to release information about Centerville-Washington Park District's summer camps in late March. Registration is currently set for Monday, April 12 at 10 a.m. for residents and Monday, April 19 at 10 a.m. for nonresidents. The first day of registration is online only. This is subject to changed based on the state of the current health crisis.

As spring gets closer, please check our website and social media accounts for the most up-to-date summer camp registration information!



**Registration closes 48 hours prior to all** programs unless otherwise indicated.

#### **RecKits**

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AS)

#### National Plant a Flower Day!

Recommended for ages 7 – 13 Monday, March 8 Fee: \$9 residents, \$12 nonresidents Registration deadline: Monday, March 1

March 12 is National Plant a Flower Day! Let's celebrate the start of spring with some flower-themed crafts, activities, and of course, by planting a flower! Each kit will include one flower for you to plant.

#### Let's Garden!

Recommended for ages 5 – 13 Monday, March 22 Fee: \$18 residents, \$24 nonresidents Registration deadline: Friday, March 12

This is the perfect time to start a garden! We will focus on unique gardening techniques — an upside-down hanging plant, a window herb garden and hydroponics, growing plants in nutrient-rich water instead of soil! These techniques will also use recycled/repurposed materials. You won't need a lot of space for these activities.

#### Earth Day Celebration!

Recommended for ages 7 – 13 Monday, April 19 Fee: \$9 residents, \$12 nonresidents Registration deadline: Monday, April 12

Earth Day is quickly approaching and this kit is full of easy crafts and activities you can do to celebrate the Earth! Arbor Day is also coming up! What better way to celebrate the Earth than by planting a tree? Each kit will include one small sapling you can plant to give back to our planet!

#### A Day with Mom!

Recommended for ages 7 – 13 Monday, April 26 Fee: \$9 residents, \$12 nonresidents Registration deadline: Sunday, April 18

Mother's Day is only two weeks away! Let's celebrate a special person in your life on this special day! There are activities for quality time together. The crafts double as gifts and cards great for letting moms, grandmas, aunts, or anyone else you want to know just how much they mean to you!

#### **Gifts for Your Teachers!**

Recommended for ages 7 – 13 Monday, May 10 Fee: \$9 residents, \$12 nonresidents Registration deadline: Sunday, May 2

With the school year about to come to a close, what better time to say "thank you" to your teachers than now? This kit will have fun and simple gift and card ideas to make for teachers before the last day of school.



#### **Explorers**

Grant Park 501 Normandy Ridge Rd. Fee: \$9 residents, \$12 nonresidents

#### **Junior Explorers**

Ages 6 – 8 Wednesdays, April 7 – May 12 4:30 – 6:00 p.m.

#### **Outdoor Explorers**

Ages 9 – 12 **Mondays, April 5 – May 10** 4:30 – 6:00 p.m.

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. (KL)

#### Nature Design Challenges: DIY

Recommended for ages 7 – 13 **Tuesdays, March 2, April 6 & May 4 Fee:** \$9 residents, \$12 nonresidents **Registration deadline:** Tuesday, February 23

All engineers on deck! These kits are a fun-filled afternoon of science and engineering using materials from nature. Participants will plan, build and test their designs for a surprise STEM challenge included in the kit! There will be one kit per month featuring a new challenge. (AS)

Online resident registration begins Monday, February 15, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

TO BE

#### Discovering STEAM in Nature

Ages 8 – 12 Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$20 residents, \$26 nonresidents

#### Session A

**Thursdays, March 4 – 25** 6:00 – 7:00 p.m. **Registration deadline:** Monday, March 1

#### Session B

**Thursdays, April 8 – 29** 6:00 – 7:00 p.m. **Registration deadline:** Thursday, April 1

Science, Technology, Engineering, Art and Math! Each session, Emily from Stemily Studios will focus on these topics individually and how they connect to nature. We will conduct experiments and go on hikes to find examples of STEAM in action and in nature. Come ready to create, explore and discover! (AP)

#### **Mad Science University**

Ages 8 – 12 Wednesdays, May 5 – 26 6:30 – 7:30 p.m. *Activity Center Park, Community Room* 221 N. Main St. Fee: \$20 residents, \$26 nonresidents Registration deadline: Wednesday, April 28

Science is all around us! Children will experience science firsthand through hands-on, and sometimes messy, activities! We will explore fascinating science concepts with a new theme each week. We are putting science to the test as your child learns about chemistry and physics. (KL)



Registration closes 48 hours prior to all programs unless otherwise indicated.



#### **Crafting Club**

Ages 9 – 13 **Thursdays, March 4, April 1 & May 6** 4:30 – 5:30 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$9 residents, \$12 nonresidents **Registration deadline:** Friday, February 26

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. (AS)

## Create a Clay Flower Pot with Decoy Art Center

Ages 9 – 13 **Fridays, April 23 & 30** 6:30 – 8:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee:** \$42 residents, \$54 nonresidents **Registration deadline:** Friday, April 16

Create a wonderful (and functional) gift for Mother's Day! Students will learn how to shape clay into a flower pot. The pot will be fired in the kiln. In the second class, students will paint their flower pots with glaze for a shiny finish. Flower pots will be ready for pick up from headquarters approximately one week after class. Provided supplies include two pounds of clay and glazes. (AD)

#### Wildlife Management 101

Ages 12 – 17 **Mondays, March 8, March 22, April 5, April 19, May 3 & May 17** 6:00 – 7:30 p.m. *Grant Park 501 Normandy Ridge Rd.* **Fee:** \$30 residents, \$38 nonresidents

Take school into the outdoors! Learn all about wildlife species — how to identify them, their scientific names, the unique adaptations they display and conservation practices. Each lesson will build on the next, introducing new concepts, management projects and research along the way to help you become a wildlife management pro! (AP)



#### **Young Birders Club**

Ages 12 – 17 4:30 – 6:00 p.m. **Fee/session:** \$4 nonresidents



#### Waterfowl

**Tuesday, March 9** *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

#### **Cavity Nesting Birds**

**Tuesday, April 13** Bill Yeck Park, McGuffey Meadow 7893 Wilmington-Dayton Rd.

#### Warblers

**Tuesday, May 11** Grant Park 501 Normandy Ridge Rd.

A monthly program that focuses on bird identification and ecology. Other nature topics and skills will be taught as they are encountered upon the trail! Snacks provided. (KL)

#### **Conservation Crew**

Ages 12 – 17 4:30 – 6:00 p.m.

#### Vernal Pool Construction Thursday, March 11 AND/OR

**Friday, April 9** *Grant Park* 501 Normandy Ridge Rd.

Shovels ready! We will be designing, learning about and digging a vernal pool in the lower meadow. A pair of work gloves is recommended. Certificates for service hours available upon request. (KL)

#### **Seed Nursery Planting**

**Tuesday, May 25** Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

> We have a lot of native flowers to plant and could use your help! We will learn the names and the benefits of what we are planting. Participants will get to pick a plant for

> > New!

their own yard as a thank you! Certificates for service hours available upon request. (KL)

#### Teen Drawing Club

Ages 12 – 17 **Tuesdays, March 23, March 30, April 20 & April 27** 4:30 – 6:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee:** \$57 residents, \$72 nonresidents **Registration deadline:** Thursday, March 18

Artist Tiffany Clark will lead this open format class for students to bring in work from home and get feedback. She will also have drawing prompts, still life drawing times and fun cosplay days! (AD)





#### Capture the Flag & Bonfire

Ages 12 – 17 **Friday, April 23** 5:00 – 7:00 p.m. *Grant Park 501 Normandy Ridge Rd.* **Fee:** \$5 residents, \$7 nonresidents

The ultimate game of capture the flag! Participants will be broken into two teams. Each team will have to make it back to their side of the field with the other team's flag while protecting their own. After the winning team is determined, we will enjoy s'mores and music by the fire. (AP)

#### **Tree Dreamers:** Teen Book Club and Service Project

Ages 13 – 17 **Saturday, April 24** 1:30 – 3:30 p.m. *Grant Park 501 Normandy Ridge Rd.* **Fee:** \$7 residents, \$12 nonresidents



Calling all teens with a passion for the planet! We will honor Earth Day by joining a national movement of Tree Dreamers who are ambassadors for trees and

our interconnection to nature. Each participant will be given a copy of the award-winning novel *Tree Dreams* by Kristin Kaye. On April 24, we will gather under the trees to discuss the novel, and we will make inspirational tree tags for display. The final hour of our program will be spent planting tree seedlings to reforest a section of the park. The program is eligible for volunteer service credit. A light snack will be provided. (KL)

Book pickup instructions will be communicated via email and will take place the week of March 22.

#### **FAMILY PROGRAMS**

#### The Climate Awareness Project

All ages **March 2021** Woodbourne Library 6060 Far Hills Ave.

This exhibit will showcase 10 - 12 different artist interpretations of climate challenges facing our planet. Works will focus on forestry, fires, bees, animal welfare, landscape and oceans. The artists will represent themselves in watercolor and acrylic painting, mixed media, photography, sculpture, collage, narrative quilt making and more. For more information, visit wclibrary.info/events

Registration is not required. (KL)



#### Let's Meet Up: Nature Playce

All ages Wednesdays, March 3, April 7 AND/OR May 5 10:00 – 11:00 a.m. *Grant Park, Mark Kreusch Nature Playce* 6588 McEwen Rd. Fee: \$4 nonresidents

Enjoy fresh air and nature playtime. Meet other parents/caregivers and their children. Stop by the Kennard Nature Nook for a free individually-packaged snack. Then, explore the Mark Kreusch Nature Playce during an unstructured and casual meet up! Staff will have one activity planned for each session that children can participate in before or after unstructured playtime.

Attend as few or as many sessions as you like. The meet-up will not be held in inclement weather. This is not a drop off program; parents/caregivers are required to stay with their children. Please register each person attending. (AD)

> Online resident registration begins Monday, February 15, 10:00 a.m.

#### Soap Crafting

#### Newl

Ages 8 and up Saturday, March 6 1:00 – 2:30 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/family: \$12 residents, \$16 nonresidents Registration deadline: Wednesday, March 3

This family-oriented program encourages kids and older family members to craft together! All materials will be provided for you to make soaps with natureinspired scents and natural loofah plants. Each registered child is limited to bringing one family member. (AP)

#### Night Glow Scavenger Hunt: The Game is Afoot!

Recommended for families with children ages 6 and up

#### Friday, March 12

7:00 – 9:30 p.m. (staggered start times) Grant Park 501 Normandy Ridge Rd. Fee/family: \$4 residents, \$6 nonresidents



Work as a team to solve the mystery of the Hound of Grant Park! Will you be able to figure out the secret? Dress for a hike and bring a

flashlight. Wear glow in the dark clothing to add to the fun! This is a Tools to Trek program. Hike is approximately one mile in length on a natural path and will take about 1.5 hours to complete. (KL)



#### Tools to Trek

Attend Tools to Trek programs to earn a free Trek Pack! Print your Tools to Trek tracking sheet on www.cwpd.org. Bring your tracking sheet to Tools to Trek programs to collect stamps. Once your sheet is full, turn it in to collect your prize! (KL)

**Registration closes 48 hours prior to all** programs unless otherwise indicated.



#### **Eggstravaganza!**

All ages Saturday, March 20 (Rain date: Sunday, March 21) 10:00 a.m. - 1:00 p.m.

(staggered start times) Grant Park 501 Normandy Ridge Rd. Fee/family: \$4 residents, \$6 nonresidents

Celebrate spring by learning about animals that lay eggs. Collect an egg from each of our 12 stations and turn them in for a prize! Each egg will represent an animal you can find in our parks. Families will also be entered to win an egg-cellent raffle prize! Trail will take approximately 1.5 hours to complete. (KL)



#### **Nocturnal Nature Series**

#### **Dancing Woodcocks**

Ages 10 and up **Tuesday, March 23** 7:45 – 9:15 p.m. Grant Park 501 Normandy Ridge Rd. Fee: \$2 nonresidents

We will head out at dusk to search for the American Woodcock and observe their spectacular dance! This is a guided experience. (KL)

#### **Frog Chorus**

All ages Thursday, April 22 8:00 - 9:30 p.m. (staggered start times) Grant Park 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents Registration deadline: Sunday, April 18

Frogs begin their songs in early spring. After an intro from an instructor, follow the lighted path to the frog ponds to hear who is singing. Self-guided hike is on a natural path and will take approximately one hour to complete. (KL)

#### **Spider Search**

All ages Friday, May 7 8:30 - 10:00 p.m. (staggered start times) Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln. Fee/family: \$4 nonresidents



Some spiders come out at night! After an intro from an instructor, follow the

marked path and search the leaf litter for our eight-legged friends. Flashlights recommended. This is a Tools to Trek program. Self-guided hike is on a natural

path and will take approximately one hour to complete. (KL)

#### AccessAbility: Spring Discovery

Recommended for ages 8 and up **Monday, March 29** 6:00 – 7:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$6 residents, \$9 nonresidents **Registration deadline:** Wednesday, March 24

As spring gets closer, animals are becoming more active. Come learn about what animals do after hibernating all winter! Then, we will paint spring landscapes inspired by the gorgeous prairie surrounding the Kennard Nature Nook!

Activities will be adapted to give participants of all ages and abilities an enriching sensory, social and physical experience. (AP)



#### Little Red Wagon Parade All ages

Wednesday, March 31 5:30 – 8:00 p.m. (staggered start times) Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/family: \$4 nonresidents

Spring is here and it's National Little Red Wagon Day! Bring your wagons to the park for a parade on the purple trail! Each family will decorate flags to place on their wagons and follow the path through the forest and prairie! Decorated wagons and themes are welcome. Program will take approximately one hour to complete. (KL)

#### **April Fools Trail**

All ages

**Thursday, April 1 – Thursday, April 8** Oak Grove Park 1790 E. Social Row Rd.



Registration is not required. (KL)

#### LIFT UP and Laugh!

Recommended for ages 4 – 9 with a parent/guardian **Wednesdays, April 7 – 28** 2:00 – 2:45 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee:** \$14 residents, \$18 nonresidents **Registration deadline:** Wednesday, March 30

Each week, we will meet for 45 minutes and enjoy a laughter club, creative experience, group games and personal connection — all while practicing safe social distancing.

Class will meet in the backyard of the Smith House. Please bring a blanket or portable chair. Seating will not be provided. Participants are welcome to sit on the grass if preferred. Adult participants must wear masks for the duration of the session. Masks recommended for youth participants as well. (AD)

Please register each child and adult attending. This is not a drop off program. If a class needs to be canceled due to inclement weather, a make-up session will be held Wednesday, May 5.

#### Beautiful Blooms Wildflower Tour

All ages **Saturday, April 10** 10:00 a.m. – noon (staggered start times) *Grant Park 501 Normandy Ridge Rd.*  **Fee:** \$4 nonresidents **Registration deadline:** Thursday, April 1



New!

These tiny treasures can only be seen for a short time! After an introduction with an instructor,

families will follow the path to search for all the spring wildflowers the forests have to offer. This is a Tools to Trek program. Program will take approximately one hour to complete. (KL)

> Online resident registration begins Monday, February 15, 10:00 a.m.

#### **Earth Month Celebration**

#### **CWPD Bio Blitz!**

All ages

Saturday, April 17 – Sunday, April 25

Help us count living things in the Centerville and Washington Township area! Download the iNaturalist app on your smartphone or create an account online. Then, use photos to document all the wildlife you find! Registration is not required; however, registering for the program will allow you to receive email reminders and updates. Registrants will also have an opportunity to enter a raffle for some fun prizes! This is a Tools to Trek program. (KL)

#### Tree Planting and Care All ages



Friday, April 30 6:00 – 8:00 p.m. (staggered start times) Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Help the Park District plant trees for Arbor Day! We will teach families how to plant and care for very young trees. Families will get to take home a tree to plant in their own yard! (KL)



#### Saturday, April 17

7:00 – 9:00 p.m. (staggered start times) Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/family: \$4 nonresidents



It's International Bat Appreciation Day! Let's

appreciate everything bats do for us by learning about them through a hike and activities. Upon arrival, families will take a self-guided hike to learn some bat facts! Then, you will settle into your spot for some activities and serious bat watching! Bring a blanket or chairs for your family. Hike takes place on an accessible crushed limestone path. This is a Tools to Trek program. (KL)



Registration closes 48 hours prior to all programs unless otherwise indicated.



Centerville-Washington History

#### **Homesteading Ohio**

All ages **Saturday, May 1** (Rain date: Sunday, May 2) 2:00 – 4:00 p.m. (staggered start times) *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.*  **Fee/family:** \$8 residents, \$10 nonresidents **Registration deadline:** Thursday, April 29

Did you play Oregon Trail as a child? Join the Park District and Centerville-Washington History to experience a simulation of Centerville's founders! Your family will meet some of Washington Township's early citizens and learn about the hardships they faced traveling to the area! Pack your wagons, encounter scenarios and challenges and hunt for food. Trail is approximately one mile in length on a crushed limestone path. (KL)



#### Where in the Parks is Owlexander?

All ages Friday, May 7 – Sunday, June 6

Does your family love a good mystery or scavenger hunt? Follow the riddles and clues left at parks each Friday in May to catch this Park District hero turned sneaky character! He snatched up all of the trilobites (Ohio's state fossil) in the Miami Valley to keep for his personal collection. If the trilobites aren't put back in place, we won't be able to enjoy them in the parks!

The first clue will be presented on the Centerville-Washington Park District Facebook page (https://www.facebook. com/cwpd.org) on Friday, May 7. Registration is requested. (AP)

#### Migratory Bird Day Celebration

All ages Saturday, May 8

1:00 – 4:00 p.m. (staggered start times) Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/family: \$4 nonresidents



The birds are coming! Celebrate by learning about migration, feathers, birdsong and

identification as you hike the trail and visit various stations. Program takes about 1.5 hours to complete.

Please register only one family member. Hike takes place on a natural trail. This is a Tools to Trek program. (KL)

#### Visit www.cwpd.org to learn about the 51 Parks Challenge – free fun for the whole family!

#### **FAMILY WELLNESS**



#### Spring into Archery

Ages 8 – 13 (must be accompanied by an adult 21 years or older) **Tuesday, March 30 – Thursday, April 1** 5:30 – 7:00 p.m. Oak Grove Park, Archery Range 1790 E. Social Row Rd. Fee: \$25 residents, \$33 nonresidents **Registration deadline:** Friday, March 26

Celebrate Spring Break with a staycation activity! We will learn the basics of NASP competition-style archery with basic instruction and a friendly competition at the end of this three-day course. All equipment is provided. (AP)

#### **Spring into Archery**

Ages 14 and up **Tuesday, April 6 – Thursday, April 8** 5:30 – 7:00 p.m. *Oak Grove Park, Archery Range 1790 E. Social Row Rd.*  **Fee:** \$25 residents, \$33 nonresidents **Registration deadline:** Friday, April 2

We will learn the basics of NASP competition-style archery with basic instruction and a friendly competition at the end of this three-day course. All equipment is provided. (AP)



#### Mom & Me Wellness

Families with children ages 6 – 14 **Saturday, May 1** 2:30 – 4:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/family:** \$15 residents, \$20 nonresidents **Registration deadline:** Monday, April 26

Take a break together! Create memories during an afternoon of calm activities. We will start with a short activity, making spa bath fizzies, and then take a wellness hike through the meadow. Learn a new DIY and relax together. (AP)

To follow social distancing regulations, a family unit will consist of one parent and one child per registration.

#### Kids Garden Center Experience

All ages Saturday, May 8

9:00 a.m. – noon Activity Center Park, Headquarters 221 N. Main St.

Fee/family: \$10 residents, \$13 nonresidents

Registration deadline: Monday, May 3

Young green thumbs can come to this family-friendly "garden center sale" at Park District Headquarters and shop the garden stations. "Garden bucks" will be awarded for registering. Get additional bucks for completing a variety of tasks such as, attending earth month programs, doing a good deed, getting a high score on an assignment and more! No real money will be exchanged at the program. Whether your child is interested in a window sill, patio or inground garden, we will have the supplies to get them started for the season!

For a full list of "garden bucks" tasks, visit our website or email **apifer@cwpd. org.** (AP)

#### ADULT PROGRAMS

#### **Booked for Lunch**

Ages 18 and up Wednesdays, March 3, April 7 & May 5 11:30 a.m. – 12:30 p.m.

A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. (AP)

Due to COVID-19, Booked for Lunch will meet virtually this spring. Email gmcullough@wcpl.lib.oh.us to register.

#### **March Discussion**



Newl

The Ghost Map: The Story of London's Most Terrifying Epidemic—and How It Changed Science, Cities, and the Modern World, by Steven Johnson

#### **April Discussion**



Harry Truman's Excellent Adventure: The True Story of a Great American Road Trip, by Matthew Algeo

#### **May Discussion**



*Angel in the Fog: A Novel*, by T.J. Turner



#### **Candle Therapy**

Newl

Ages 16 and up Friday, March 5 5:30 – 7:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$33 residents, \$43 nonresidents

Candle power is more than just burning something that smells great — it's a sensory experience! Close your eyes and inhale as nature invites you to immerse your sense of smell and discover scents in an entirely new way. Join a local candle maker from Wick Therapy Candle. She will guide you on your scent journey! We will make our own candle and hike in the park while the candles set up. (AP)

## wick therapy candle



Registration closes 48 hours prior to all programs unless otherwise indicated.



#### Hike with a Naturalist

Ages 14 and up (under 18 must be accompanied by an adult) **Fee:** \$2 nonresidents

#### Signs of Spring Hike

Saturday, March 6 10:00 – 11:30 a.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

We could trust the groundhog, or we can see if spring has sprung by searching for it on our own! (KL)

#### **Spring Wildflowers**

**Thursday, April 8** 6:00 – 7:30 p.m. *Grant Park* 501 Normandy Ridge Rd.

Appreciate and identify our early spring wildflowers on this slow-paced hike. (KL)

#### **Migratory Birds**

**Thursday, May 6** 6:00 – 7:30 p.m. *Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Dr.* 

Let's celebrate the upcoming International Migratory Bird Day by taking to the trail with binoculars in hand! We will learn bird ID and how you can help our summer visitors. (KL)

#### Women's Self Defense

Ages 16 and up 2:00 – 4:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/session:** \$25 residents, \$38 nonresidents

#### Part I

Saturday, March 6 Registration deadline: Tuesday, March 2

#### Part II

Saturday, March 20 Registration deadline: Tuesday, March 16

Whether you're running the trails by yourself or walking to the car from the mall, knowing how to properly defend yourself is vital to your safety. Valor Martial Arts will equip women with the knowledge, skills and confidence to avoid or respond to violent encounters. These workshops are designed specifically for women and taught by a woman. Learn simple and effective techniques through presentation and hands-on drills based on real-world scenarios. (AP)

#### The Art of Sprouting

Ages 16 and up **Thursday, March 18** 6:00 – 7:30 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.*  **Fee:** \$20 residents, \$26 nonresidents **Registration deadline:** Thursday, March 11

Spring is for sprouting! Five days after this class, you can be adding nutritious greens to your meals! We will discuss the nutritional benefits of adding sprouts to your diet and demonstrate the ease of growing sprouts in your own kitchen.

You will have the opportunity to taste several types of sprouts and learn to use them in meal preparation. Class is taught by Patti McCormick, RN, Ph.D., from the Institute of Holistic Leadership. Sprouting jars and lids will be available for purchase, however you do not need to purchase them to attend. (AD)



#### **RecKits**

RecKits are back for spring! We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AS)

#### Let's Build a Garden

Recommended for ages 14 and up Monday, March 15 Fee: \$34 residents, \$44 nonresidents Registration deadline: Friday, March 5

This RecKit will walk you through how to make your own 4x4 ft. raised garden bed. All you need at home is a drill, some soil and a sunny spot! Lumber and hardware are included in the kit! Ideas for native flowers or vegetables that can grow in this space will also be included!

#### **Alternatives to Single-Use Plastics**

Recommended for ages 14 and up Monday, April 12 Fee: \$25 residents, \$33 nonresidents Registration deadline: Friday, April 2

This RecKit will walk you through making your own beeswax wraps and mesh produce bags! Both reusable, they are a great way to start eliminating plastic wraps and single-use plastics. Let's celebrate Earth Day by making these easy alternatives to single-use plastic!

#### How to Series

Ages 16 and up

#### **Attracting Backyard Birds**

Tuesday, March 16 6:00 – 7:00 p.m. Activity Center Park, Community Room 221 N. Main St. Fee: \$4 nonresidents

Make your yard a backyard bird haven! Join us for an evening of learning basic bird identification; bird feed combinations to attract certain species; the care and cleaning of baths and feeders; and how to protect your backyard birds from window strikes, cats and other hazards. (AP)

#### **Outdoor Photography**

Tuesday, March 30

6:00 – 7:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$8 nonresidents, \$10 nonresidents Registration deadline: Tuesday, March 23

Enjoy a presentation by a photographer; then receive tips and tricks for the art of outdoor photography. Located near the beautiful Smith House meadows, bring your camera to get in some practice. (AP)

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths." ~ Walt Disney

#### Working with Polymer Clay

Tuesday, April 13 6:00 – 7:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee: \$10 residents, \$13 nonresidents

Learn the basic uses of this material, see some real-life creations made by a clay artist and make your own polymer clay masterpiece! Walk away with a nature-inspired pair of earrings or a clay pendant made by you! All materials provided. (AP)

#### **Outdoor Survival Basics**

**Tuesday, April 27** 6:00 – 7:00 p.m. *Grant Park* 501 Normandy Ridge Rd. **Fee:** \$4 nonresidents

Learn to be prepared! We will cover compass reading, safe fire making and edible wilds. (AP)

#### **Reduce Your Carbon Footprint**

**Tuesday, May 11** 6:00 – 7:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$4 nonresidents

Join us for an informative lecture on how to move toward waste-free living and how to get your new lifestyle started. (AP)



Online resident registration begins Monday, February 15, 10:00 a.m.

#### Clay Fairy Doors with Decoy Art Center

Ages 14 and up Fridays, March 19 & 26 7:00 – 8:30 p.m. Activity Center Park, Community Room 221 N. Main St. Fee: \$42 residents, \$54 nonresidents Registration deadline: Friday, March 12

Create a door that leads someplace magical! All materials are included in this two-day workshop. On the first day, we will sculpt our fairy doors with clay and clay tools. The projects will be fired and brought back for the second night when the fairy doors will be painted with glazes and fired a second time. Projects will be ready for pick up approximately one week after the class at the Activity Center Park Headquarters. (AD)



#### **Upcycling Workshop** Ages 16 and up

Newl

**Wednesday, March 24** 7:00 – 8:30 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

Registration deadline: Sunday, March 21

An evening focused on sustainability awareness! First, we will view clips from "The True Cost" documentary on fast fashion. Then, we will give shirts a second life by turning them into reusable bags while we discuss our observations and takeaways from the film.

Bring at least one old t-shirt with you to turn into a bag! Spares will be provided if you do not have one. (AP)

#### **Composting 101**

Ages 16 and up **Thursday, March 25** 7:00 – 8:30 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee:** \$4 nonresidents

Learn how to start-up and care for your very own backyard compost! Learn the benefits of composting for yourself and for the planet, find out what you can and cannot compost (and why), and how to bring this sustainable waste initiative to your neighborhood. Each registered participant will be entered in a raffle for a chance to win a backyard composter that they can take home the evening of the class. (AP)

#### Glass Fusing: Bubble Wave Bowl

Ages 16 and up **Saturday, April 3** 9:00 – 11:00 a.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee:** \$46 residents, \$66 nonresidents **Registration deadline:** Monday, March 29

Learn the principles of kiln-fired glass and the skills to cut glass from instructor Kathy Woodruff. Create your own unique bowl! (AD)

#### Fly Fishing 101

Ages 12 and up **Tuesdays, April 6 & 20** 5:00 – 8:00 p.m. *Rosewood Park* 475 Roselake Dr. **Fee:** \$35 residents, \$46 nonresidents **OR** \$20 residents, \$26 nonresidents per class **Registration deadline:** Wednesday, March 31

Learn fly fishing basics on site, instructed by professionals from ReelFlyRod.com. Attend just one or both of these beginnerlevel lessons on fly casting, outfit rigging, fly selection and presentation. Rods, reels and flies will be provided. (AP)

#### **Spring Organization Clinic**

Ages 16 and upThursday, April 87:00 – 8:00 p.m.Activity Center Park, Community Room221 N. Main St.Fee: \$9 residents, \$12 nonresidentsRegistration deadline: Friday, April 2

Courtney Rarick from Organized Chaos Dayton will share her methods for organizing spaces in your home. During this session, you will learn tips and tricks for tackling tricky spots and how to keep them tidy. These techniques will help save you time, money and sanity! (AD)

#### **Green Cleaning**

Ages 16 and up **Monday, April 12** 6:00 – 7:30 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.*  **Fee:** \$25 residents, \$33 nonresidents **Registration deadline:** Monday, April 5

One way to "Go Green" this Earth month is to learn how to clean and sanitize your home safely without bringing in harmful chemicals. Patti McCormick, RN, Ph.D., will teach you how to make cleaning supplies from natural products. We will incorporate essential oils and other natural ingredients. These products can save you money and give you a good feeling about using fewer chemicals in your home. You will make a few products to take home with you, including hand sanitizer! (AD)

#### Intro to Fly Ties

Ages 16 and up **Tuesday, May 4** 6:00 – 8:00 p.m.



Oak Grove Park, Feldmann Pond Shelter 1790 E. Social Row Rd. Fee: \$70 residents, \$90 nonresidents Registration deadline: Wednesday, April 28

Learn to tie fly fishing ties, instructed by professionals from ReelFlyRod.com. Learn fly selection and types of materials used to perfect this art. Supplies provided to make a box of six flies to take home that evening. (AP)

#### LIFT UP and Laugh!

Recommended for ages 50 and up Wednesdays, May 5 – 26 7:00 – 7:45 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$14 residents, \$18 nonresidents Registration deadline: Wednesday, April 28

LIFT UP focuses on six essential concepts to get us through trying times and boldly embrace life — Laugh, Inspire, Thrive, Fellowship, Uplift and Play.

Each week, we will enjoy a laughter club, creative experience, group games and personal connection — all while practicing safe social distancing. This club is a fun and unique opportunity for adults to connect and develop tools against depression and isolation.

Class will meet in the backyard of the Smith House. Please bring a blanket or portable chair. Seating will not be provided. Participants are welcome to sit on the grass if preferred. Participants must wear masks for the duration of the session. (AD)

If a class needs to be canceled due to inclement weather, a make-up session will be held Wednesday, June 2.

#### Clay Drop Tray Workshop with Decoy Art Studio

Ages 14 and up Fridays, May 7 & 14 6:30 – 8:00 p.m.

New!

6:30 – 8:00 p.m. Activity Center Park, Community Room 221 N. Main St.

**Fee:** \$42 residents, \$54 nonresidents **Registration deadline:** Friday, April 30

We will use gravity to create this project by dropping a slab of clay laid over a frame onto the ground to create a dish that is totally functional! This is a twoday workshop; trays will be fired and brought back the second meeting to be glazed and fired once more. Your tray will be ready for pick up approximately one week after class at the Activity Center Park Headquarters. (AD)

#### Living Wreath with Ivy Dayton

Ages 16 and up Saturday, May 15 10:00 – 11:30 a.m. Activity Center Park, Community Room 221 N. Main St. Fee: \$65 residents, \$85 nonresidents Registration deadline: Monday, May 10

Join local florist and owner of Ivy Dayton to create a living wreath to enjoy at your house. This is a wonderful activity to do with or for Mom! (AP)

#### Painting in the Landscape

Ages 18 and up Friday, May 21 6:30 – 8:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$29 residents, \$38 nonresidents Registration deadline: Sunday, May 16

Join local artist Kristin Bailey from Decoy Art Center for an evening on the covered porch learning the art of "en plein air" painting. Enjoy fresh air and the calming sights of the park prairie. All materials are included. (AP)

New

#### Late Night Skies

Ages 18 and up **Saturday, May 22** 9:00 – 11:00 p.m. *Bill Yeck Park, Smith House* 2230 E. Centerville Station Rd.

With daylight hours running long, this stargaze is for the night owls! Take time to look at the skies in wonder! Local astronomers will have their telescopes set up for participants to take a closer look at planets and stars. As we gather around the fire we will look for spring constellations and hear the folklore associated with them.

Registration is requested; walk-ins are welcome. (AP)

#### **ADULT WELLNESS**



#### A Walk in the Park

Ages 18 and up **Tuesdays & Thursdays, March 2 – May 27** 9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be A Walk in the Park!

There is no registration deadline for this program. Join anytime! View the schedule for A Walk in the Park on https://cwpd.recdesk.com/ Community/Program. (JH)

#### Everyone is friendly, helpful and encouraging!

~ A Walk in the Park and Hike for Your Health participant



#### **Hike for Your Health**

Ages 18 and up Wednesdays, March 3 – May 26 9:30 – 10:30 a.m. Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this spring! Staff and volunteers will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know some of your parks better. All hikes are on natural trails. Please wear appropriate shoes for trails that may be muddy.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
March 3	Bill Yeck, Smith House
March 10	Grant, Normandy
March 17	Bill Yeck, Rooks Mill
March 24	Grant, Kennard Nature Nook
March 31	Bill Yeck, McGuffey Meadow
April 7	Grant, Normandy
April 14	Bill Yeck, Smith House
April 21	Grant, Watts
April 28	Bill Yeck, Rooks Mill
May 5	Grant, Normandy
May 12	Bill Yeck, McGuffey Meadow
May 19	Grant, Kennard Nature Nook
May 26	Bill Yeck, Smith House

#### **Trail Trekking**

Ages 18 and up **Fee/session:** \$15 nonresidents

#### Session A

**Fridays, March 5 – May 28** 9:30 – 10:30 a.m.

#### Session B

**Tuesdays, March 9 – May 25** 6:00 – 7:00 p.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout! Nordic poles provided are adjustable to your height. (JH)

Date	Park
March 5	Holes Creek*
March 9/12	Robert F. Mays
March 16/19	Oak Grove
March 23/26	Schoolhouse
March 30/April 2	Forest Field
April 6/9	Iron Horse
April 13/16	Yankee
April 20/23	Oak Creek South
April 27/30	Holes Creek*
May 4/7	Robert F. Mays
May 11/14	Oak Grove
May 18/21	Schoolhouse
May 25/28	Forest Field

\*Overflow parking at The Gathering Church at 8911 Yankee Street.

#### **Trail Running Group**

Ages 18 and up Wednesdays, March 10 – May 26 6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
March 10	Bill Yeck
March 17	Grant
March 24	Bill Yeck
March 31	Grant
April 7	Bill Yeck
April 14	Grant
April 21	Bill Yeck
April 28	Grant
May 5	Bill Yeck
May 12	Grant
May 19	Bill Yeck
May 26	Grant



Registration closes 48 hours prior to all programs unless otherwise indicated.



#### **Tennis Leagues**

Ages 18 and up **April 4 – June 9** 6:00 p.m. Various locations **Fee:** \$25 residents, \$35 nonresidents **Registration deadline:** Sunday, March 21

Join a Park District tennis league and play tennis in the parks this spring! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are emailed out prior to league play.

If you are interested in a women's league, please contact us.  $(\rm JH)$ 

Day	Level of Play
Sunday	Men's Advanced
Monday	Men's Intermediate
Tuesday	Men's Advanced 50+ Men's Intermediate 50+
Wednesday	Men's Advanced



#### Tai Chi for Wellness

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice creates a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness or with managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones.

Tai Chi is held outdoors, moving indoors for inclement weather.

#### Tai Chi Beginner Session A

**Saturdays, April 10 – May 22** (no class April 24) 10:30 – 11:30 a.m. **Fee:** \$29 residents, \$38 nonresidents

#### Tai Chi Beginner Session B

**Saturdays, April 10 – May 22** (no class April 24) 11:45 a.m. – 12:45 p.m. **Fee:** \$29 residents, \$38 nonresidents

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy — a form created by Roger Jahnke, O.M.D. to make Tai Chi accessible and fun for everyone. Taught by Judy Wilson, Certified Integral Qigong and Tai Chi Instructor. (JH)

#### Tai Chi Intermediate

**Mondays, April 12 – May 24** 6:00 – 7:00 p.m.

Fee: \$34 residents, \$44 nonresidents

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy into Dr. Jahnke's Integral Tai Chi Form. Taught by Judy Wilson, Certified Integral Qigong and Tai Chi Instructor. (JH)

#### Yoga in the Park

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/session: \$52 residents, \$67 nonresidents

#### **Session A**

**Saturdays, April 17 – May 22** 7:45 – 8:45 a.m.

#### Session B

**Saturdays, April 17 – May 22** 9:00 – 10:00 a.m.

#### **Session** C

**Mondays, April 19 – May 24** 9:30 – 10:30 a.m.

Method Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Class will be held on the deck overlooking the meadow with a Zoom link for inclement weather days. Please bring a yoga mat and water. (JH)



#### **Strollers in Motion**

Adult caregivers with child 6 weeks – Pre K **Mondays, April 19 – May 17** 9:30 – 10:30 a.m. *Forest Field Park* 2100 E. Centerville Station Rd. **Fee:** \$24 residents, \$32 nonresidents

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people, and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle.

The week after each session ends will be used for make-up days. (JH)

#### Strollers in Motion Spring/ Summer Pass

Adult caregivers with child 6 weeks – Pre K **Fee:** \$28 residents, \$36 nonresidents

You can purchase a Strollers in Motion pass to use for four classes. The pass is good for classes held April – July 2021 at any Centerville Strollers in Motion class. If you cannot make it to an entire five-week session, this may be the solution for you! (JH)



Registration closes 48 hours prior to all programs unless otherwise indicated.

#### **Fitness Yoga**

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd.

#### **Session A**

Wednesdays, April 21 – May 26 6:00 – 7:00 a.m. Fee: \$29 residents, \$38 nonresidents Registration deadline: Wednesday,

#### Session B

April 14

Wednesdays, April 21 – May 26 6:00 – 7:15 p.m. Fee: \$36 residents, \$47 nonresidents Registration deadline: Wednesday, April 14

You will get it all in one fitness class a challenging workout, yoga practice, as well as mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro. Please bring a yoga mat and water. (JH)

#### **Fitness Fusion**

Ages 18 and up **Thursdays, April 22 – May 27** 6:00 – 7:00 p.m. *Oak Grove Park, Gebhart Shelter 1790 E. Social Row Rd.*  **Fee:** \$29 residents, \$38 nonresidents **Registration deadline:** Thursday, April 8

Fitness Fusion incorporates cardio, circuit training, resistance training, pilates and compound exercises. Each class will vary in the types of exercises and will help you build speed, power, strength and endurance. We will target different muscle groups using different methods of training, allowing you to experience a jump start in fat loss and muscle definition. Modifications provided. No guts, no glory! Taught by Emily Chandler, a certified group fitness instructor. You will need a light set of weights, and a towel or yoga mat. (JH)

#### World Tai Chi and Qigong Day

Ages 18 and up Saturday, April 24 2:00 – 4:00 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

On the last Saturday of April over 80 countries and hundreds of cities in every time zone participate in this coming together! We breathe and move in a worldwide wave of healing energy for ourselves ... and for the world!

Experience some of the amazing benefits of breathing along with gentle movement and mind focus. Western medicine calls Tai Chi "Meditation in Motion," and its health benefits are well researched. Judy Wilson will tell you about Tai Chi and Qigong and introduce you to some gentle movements and breathing practices for stress reduction and relaxation. You will also have the opportunity to watch student demonstrations of Tai Chi Easy.<sup>™</sup> (JH)

Registration is requested.

#### **Campfire Yoga**

Ages 18 and up Wednesday, May 5 (Rain date: Wednesday, May 12) 7:30 – 9:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Celebrate the start of spring season with Method Yoga Studio's Megan Lees! Enjoy a fun and relaxing evening of campfire yoga! Say goodbye to cold dreary winter days and welcome spring next to the campfire. This outdoor yoga class will include warm-up, breath work, standing poses, flowing poses and end with relaxation around the campfire. Class will be held near the Bill Yeck Park fire circle. (JH)

### The Park District is made up of 51 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



#### **HOW TO REGISTER**



You're first in line! Online registration takes place the day before phone or walk-in registration.



It's convenient The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time In less than five minutes, you can set up your account and enroll in your program.



It's easy Three simple steps, and you'll be enrolled in the program of your



It's environmentally friendly No need to use gas driving over to register in person. And it saves paper.

Online resident registration begins February 15.

#### Online (first day of registration is online only)

Visit **https://cwpd.recdesk.com** to register. To expedite your registration, create an account prior to 10:00 a.m. on February 15. This site can be used for free programs and for fee-based programs with a debit or credit card.

#### **By Phone**

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day after online registration.

#### **In Person**

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. In person registration begins one day after online registration.

#### **Registration and Refund Policy**

Residents may register members of their family and one other resident family.

Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

#### Access to All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us for a personalized approach to individual accommodations.

#### **Centerville-Washington Park District Program Release**

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online Resident Registration Begins Monday, February 15 at 10:00 a.m.

Online Nonresident Registration Begins Monday, February 22 at 10:00 a.m.



Please recycle this issue of News & Events when it is no longer of use to you. Thank you!

## **SPRING EVENTS AT-A-GLANCE**

MARCH		page #			
Tues, March 2	Early Adventures Hike	5	Thurs, April 15	Roly-Poly Pals	6
Fri, March 5	Candle Therapy	15	Fri, April 16	Equestrian Field Trip with TRI	7
Sat, March 6	Signs of Spring Hike	15	Sat, April 17	Bat Appreciation	13
Sat, March 6	Soap Crafting	11	Thurs, April 22	Frog Chorus	11
Sat, March 6	Women's Self Defense Part I	15	Fri, April 23	Reading in the Wild	5
Sat, March 6	Spring Stargazing	4	Fri, April 23	Teddy Bear Picnic	4
Tues, March 9	Young Birders Club: Waterfowl	9	Fri, April 23	Capture the Flag & Bonfire	10
Fri, March 12	Reading in the Wild	5	Sat, April 24	World Tai Chi and Qigong Day	21
Fri, March 12	Night Glow Scavenger Hunt	11	Sat, April 24	Tree Dreamers	10
Tues, March 16	Attracting Backyard Birds	16	Tues, April 27	Outdoor Survival Basics	16
Thurs, March 18	Skunks & Skunk Cabbage	6	Fri, April 30	Tree Planting and Care	13
Thur, March 18	The Art of Sprouting	15	I		
Sat, March 20	Eggstravaganza!	11	MAY		
Sat, March 20	Women's Self Defense Part II	15	Sat, May 1	Homesteading Ohio	13
Tues, March 23	Dancing Woodcocks	11	Sat, May 1	Mom & Me Wellness	14
Wed, March 24	Upcycling Workshop	17	Tues, May 4	Early Adventures Hike	5
Thurs, March 25	Composting 101	17	Tues, May 4	Intro to Fly Ties	17
Mon, March 29	AccessAbility: Spring Discovery	12	Wed, May 5	Campfire Yoga	21
Tues, March 30	Outdoor Photography	16	Thurs, May 6	Migratory Birds	15
Wed, March 31	Little Red Wagon Parade	12	Fri, May 7	Where in the Parks is Owlexander? begins	13
			Fri, May 7	Spider Search	11
APRIL			Sat, May 8	Kids Garden Center Experience	14
Sat, April 3	Glass Fusing: Bubble Wave Bowl	17	Sat, May 8	Migratory Bird Day Celebration	13
Tues, April 6	Early Adventures Hike	5	Tues, May 11	Young Birders Club: Warblers	9
Thurs, April 8	Spring Wildflowers	15	Tues, May 11	Reduce Your Carbon Footprint	16
Thurs, April 8	Spring Organization Clinic	17	Wed, May 12	Canvas Painting & Storytime	5
Fri, April 9	Earth Month Scavenger Hunt begins	4	Sat, May 15	Living Wreath with Ivy Dayton	18
Sat, April 10	Beautiful Blooms Wildflower Tour	12	Thurs, May 20	May Flowers	6
Mon, April 12	Pull Your Weight Garlic Mustard	4	Fri, May 21	Reading in the Wild	5
	Challenge begins		Fri, May 21	Painting in the Landscape	18
Mon, April 12	Green Cleaning	17	Sat, May 22	Late Night Skies	18
Tues, April 13	Young Birders Club: Cavity Nesting Birds	9	Tues, May 25	Conservation Crew: Seed Nursery Planting	10
Tues, April 13	Working with Polymer Clay	16			

Look inside for our popular take-home kit options! We have kits for all ages!